



REFERRAL FORM FOR **QUFORA PATIENT TRAINING**

Referrers Details		
Name:	Contact No:	
Referring Hospital/Community:	Date of Referral:	
The Patient has been informed and has consented to sharing Medical Nurses. They are aware this information will be stored		annaire
Signature of person obtaining Consent:		
Date Consent Obtained:		
Patient Details		
Patient Name	Date of Birth	
Address	GP Details	
Contact Number	Consultant	
Emergency Contact	Emergency Contact No	
Medical Details: Medical/Surgery/Trauma History:		
SUMMARY OF BOWEL DYSFUNCTION: Inadequate response to conservative treatment and/or lifesty	rle changes OR is unable to initiate these due to medical co	ndition:
Diagnosis of:		
 □ Constipation (slow transit, opioid, IBS-C, idiopathic) □ Faecal incontinence (urge/urgency, passive, post defaection) □ Low anterior resection syndrome (LARS) □ Evacuation difficulties (obstructed defaecation) □ Neurological (SCI, MS, Parkinson's, spina bifida, cauda economics) 		

Patient Information

Has a Bowel Assessment Form been completed: Comments:	Yes No
Has the patient had a DRE: Date of Last DRE:	Yes No
Endoscopic or PR investigation performed (Required for Surgical History)	Yes No
Has the patient had bowel/rectal surgery in the last 3 months:	Yes No No
Diagnosis of bowel malignancy:	Yes No
Is Rectal Bleeding Present? Is it caused by a known Haemorrhoid or Fissure?	Yes No If No Do Not Use
Does the patient suffer from Inflammatory Bowel Disease?	Yes No
Impacted/Heavily constipated (Requirement to clear bowels prior to Education commencing)	Yes No
Does patient have any of the absolute contraindication conditions (see below)?	Yes No If Yes Do Not Use
Does patient have any of the relative contraindications (see below)?	Yes No If Yes please include letter from Consultant outlining consent.

CONTRAINDICATIONS

Irrigation should not be used under the following circumstances (absolute contraindications):

- Known anal or colorectal stenosis
- Colorectal cancer/pelvic malignancy pre surgical removal
- · Acute inflammatory bowel disease
- Acute diverticulitis

- Within 3 months of anal or colorectal surgery
- · Within 4 weeks of endoscopic polypectomy
- · Ischaemic colitis

RELATIVE CONTRAINDICATIONS

Rectal irrigation is not recommended for:

- · Children below 3 years of age
- Pregnancy or planned pregnancy or breast feeding
- Inflammatory bowel disease (e.g. Crohn's disease or ulcerative colitis)
- Active perianal sepsis (fistula or abscess, third or fourth degree haemorrhoids)
- Previous rectal or colonic surgery
- Diarrhoea of unknown aetiology
- · Faecal impaction/rectal constipation
- · Severe autonomic dysreflexia
- · Severe diverticulosis or diverticular abscess
- · Abdominal or pelvic irradiation
- Long term steroid therapy
- · Anti-coagulant therapy
- · Low blood sodium
- · Previous severe pelvic surgery
- · Colonic biopsy within the past 3 months
- · Use of rectal medications for other diseases which may be diluted by irrigation
- · Congestive cardiac failure

Please send to: Email: quforareferral@ceannairemedical.com

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